



VCU

University Counseling
Services
Student Affairs

UCS SUPPORT GROUPS



UCS is now offering identity-based support groups via Zoom. Current groups include:

Black Voices: A Supportive Space for Black Students - *Wednesdays @ 3:00 pm*

Rainbow Group (open to all students identifying as LGBTQIA+) *Fridays @ 3:00 pm*

International Student Discussion Hour - *Fridays @ 3:00 pm*

Asian Voices (open to students of all Asian/Asian American backgrounds, including East Asian, South Asian, Pacific Islander, Middle Eastern, etc.) - *Fridays @ 12:00 pm*

COVID-19 Support Group for Students with Chronic Health Conditions (in partnership with SAEO) - *Thursdays @ 4:00 pm*

COVID-19 Health Professional Student Support Group (open to all students from Allied Health, Medicine, Nursing, Pharmacy, and Dentistry) - *Wednesdays @ 4:00 pm*

Students do NOT have to be enrolled with UCS to participate in a support group.

To sign up, visit counseling.vcu.edu

Questions? Call us at 804.828.6200